

Improving M

CornerHous

2 Courtenay Road

Woking GU21 5HQ

Phone: 01483 7574

Depression Group

Eating Disorders Support Group

Mental Health

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Eating Disorders Support Group

Eating Disorders Carers Group

Self-Harm Support Group

Shifa Asian Women's Group

All Sorts Mental Health Group

Mental Health Carers Group

Drop Ins & Social Groups

Yoga Classes



Woking Mental Health

**CornerHouse is a local
provision of mental health
wide range of non
voluntary sector organisations**



Health Resource Centre

Local venue for the health services by a non-statutory and organisations, and

Matrix MH Advocacy
Rape/Sexual Abuse Counselling
Rethink Carers Support Service
Shifa Outreach Service
Woking Mind

Phone: 01483 75746

Fax: 01483 76794

info@cornerhousewoking.co.uk

www.cornerhousewoking.co.uk

**voluntary sector of
individuals.**

**CornerHouse also works
creation and development
mental health groups and**

**CornerHouse provides
advice, and signposting
through leaflets, public
Internet.**

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organisations, and

**orks to facilitate the
pment of new local
s and organisations.**

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